POOL AVAILABILITYNUMBER OF LANES AVAILABLE FOR LAP SWIMMING

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5.30AM	8	6	7	6	7		
	6.00AM	8	6	7	6	7		
	6.30AM	8	6	7	6	7	6	
	7.00AM	5	8	5	6	5	3	
	7.30AM	5	8	5	8	5	3	
	8.00AM	5	8	5	8	5	3	8
10	8.30AM	5	8	5	8	5	3	6
50M P00	V D C			PUBLIC SPACE	AVAILABLE ALL	DAY		
	4.00PM	6	6	6	6	6	6	6
	4.30PM	6	5	5	5	6	6	6
	5.00PM	6	5	5	5	6	8	8
	5.30PM	5	5	5	5	6	8	8
	6.00PM	5	5	5	5	6	8	
	6.30PM	3	4	3	4	4	8	
	7.00PM	3	4	3	4	4	8	
	7.30PM	3	4	6	4	4	8	
	8.00PM	5	8	8	8	8		



POOL AVAILABILITYSPACE AVAILABLE FOR GENTLE EXERCISE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				FULL SPA	ACE AVAILABLE	X		
WARM WATER POOL*	8.00AM		GENTLE AQUA		GENTLE AQUA			
	9.00AM						GOSWIM	
	10.00AM						SWIMMING LESSONS	
	11.00AM	AQUA FLOW				GENTLE AQUA	Garage Const	
	12.00PM							
	1.00PM				Private Bookings			
	2.00PM			GROUP EP				
	3.00PM	1-ON-1	1-ON-1		1-ON-1	1-ON-1		
	4.00PM	SWIMMING LESSONS	SWIMMING LESSONS		SWIMMING LESSONS	SWIMMING LESSONS		
	5.00PM							
	6.00PM				GENTLE AQUA			
	7.00PM				GENTLETAGOA			
1	8.00PM							
	9.00PM							

^{*}Lane space will be roped off during any of the allocated sessions above. Public space for gentle exercise is always available.

