## **POOL AVAILABILITY**NUMBER OF LANES AVAILABLE FOR LAP SWIMMING

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5.30AM	8	6	7	6	7		
	6.00AM	8	6	7	6	7		
	6.30AM	8	6	7	6	7	6	
	7.00AM	4	8	4	6	4	6	
	7.30AM	4	8	4	6	4	6	
	8.00AM	4	8	4	8	4	2	8
70	8.30AM	4	8	4	8	4	2	6
<b>50M P00</b> L	V D D							
	4.00PM	6	5	6	6	6	6	6
	4.30PM	6	5	6	5	6	6	6
	5.00PM	6	5	6	5	6	8	8
	5.30PM	6	5	6	5	6	8	8
	6.00PM	6	5	6	5	6	8	
	6.30PM	2	4	2	4	4	8	
	7.00PM	2	4	2	4	4	8	
	7.30PM	2	4	6	4	4	8	
	8.00PM	4	4	6	4	4		



## **POOL AVAILABILITY**SPACE AVAILABLE FOR GENTLE EXERCISE

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				FULL SPA	ACE AVAILABLE			
WARM WATER POOL*	8.00AM		GENTLE AQUA		GENTLE AQUA			
	9.00AM							
	10.00AM							
	11.00AM	AQUA FLOW				GENTLE AQUA		
	12.00PM							
	1.00PM							
	2.00PM			GROUP EP				
	3.00PM					C CONTROL OF THE PARTY OF THE P		
	4.00PM	1-ON-1 SWIMMING LESSONS	1-ON-1 SWIMMING LESSONS		1-ON-1 SWIMMING LESSONS	1-ON-1 SWIMMING LESSONS		
	5.00PM	2230113	EESSONS			ELSSONS		
	6.00PM				CENTLE A CUIA			
	7.00PM				GENTLE AQUA			
4	8.00PM							
	9.00PM							

<sup>\*</sup>Lane space will be roped off during any of the allocated sessions above. Public space for gentle exercise is always available.

